

Breakfast (7.00am to 8.40am):

Ham and pineapple muffin	\$1.20
Chicken muffin	\$1.20
Fruit salad bag	\$2.80
Greek yoghurt	\$3.20

Toasted sandwiches (special breakfast prices)

Cheese and tomato	\$2.00
Ham and cheese	\$2.50
Ham, cheese and tomato	\$2.80
Chicken and cheese	\$3.00
Bacon, egg and sauce	\$3.00

Salads:

Egg and cheese salad	\$4.00
Ham, egg, cheese salad	\$4.80
Chicken, egg, cheese salad	\$5.00
Chicken Caesar salad	\$5.50
Greek salad	\$5.00
Chicken Greek salad	\$6.00

*All salads come with salad dressing

Hot food:

Sausage roll (low fat)	\$2.90
Supreme mince pie	\$3.30
Curry beef pie	\$3.30
Potato beef pie	\$3.30
Vegetable pastie	\$3.20
Hot dog	\$2.80
Cheese dog	\$3.30
Homemade pizza bread – chicken or ham and pineapple	\$3.80
Kebab – chicken or lamb	\$5.50
Garlic bread	\$1.50

Sushi:

All varieties of sushi (each)	\$3.00
*Soy sauce	\$0.10

Hot Dinners:

Macaroni cheese	\$3.50
Fried rice	\$3.50
Beef lasagne	\$3.50
Spaghetti bolognaise	\$3.50
Potato bake	\$3.50

Sandwiches:

Cheese and tomato	\$2.20
Egg and lettuce	\$2.50
Ham	\$3.00
Chicken	\$3.50
Red Salmon	\$3.80
Salad	\$2.80
Salami	\$3.00

Extras:

Toasted	\$0.20
Bread Roll	\$0.50
Focaccia	\$0.80
Lavish	\$0.80
Avocado	\$0.80
Tomato	\$0.40
Cheese	\$0.50
Salad	\$1.00
Mayo	\$0.20
Pickles	\$0.20
Tomato sauce	\$0.20
Salad dressing	\$0.20

Snacks:

Lamington or mini muffin	\$1.00
Snack muffin	\$2.00
Small packet chips or rice snacks	\$1.20
Jumpys	\$1.00

Ice Blocks:

Small fruit slushie	\$2.00
Medium fruit slushie	\$3.00
Frozen yoghurt	\$2.20
Frozen juice cup	\$1.00
Zooper Dooper	\$0.50
TNT	\$0.70
Icy Twist	\$1.00
Paddle Pop	\$1.50
Calippo	\$2.00
Cyclone	\$2.00
Paddlepop Thickshake	\$2.20

Burgers:

Chicken	\$4.00
Vegetable	\$4.00
Beef	\$4.00
Beef and cheese	\$4.50
Beef, bacon and cheese	\$5.00
Beef with the works	\$5.50
Southern fried chicken	\$5.00

Wraps and Focaccias

Chicken and avocado wrap	\$4.50
Chicken and avocado focaccia	\$4.80
Ham and avocado focaccia	\$4.50
Cheese and avocado focaccia	\$3.80
Chicken sub roll	\$5.00

FRIDAY SPECIAL

Beef Nachos with sour cream	\$4.80
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Drinks:

600ml Water	\$1.50
750ml Pump water	\$2.20
300ml Breaka flavoured milk	\$2.00
500ml Ice Break milk	\$3.20
500ml Breaka flavoured milk	\$3.00
600ml Breaka flavoured milk	\$3.50
600ml Oak flavoured milk	\$3.00
300ml Full cream milk	\$1.00
500ml Full cream milk	\$1.50
1 Litre Full cream milk	\$2.50
1 Litre Physical (no fat) milk	\$2.50
350ml Golden Circle juice	\$2.50
350ml Aroona spring water	\$2.00
500ml Sparkling water	\$2.00
575ml Nutrient water	\$3.50
500ml Aloe Vera water	\$3.50
350ml Focus Sports water	\$2.00
500ml Focus Sports water	\$2.50
500ml 100% Orange juice	\$3.00
500ml 100% Apple juice	\$3.00
500ml 35% Orange drink	\$2.50

*Information is correct at time of printing (19.01.2017) but may change at any time without notice.